

The Kerestesi: Year One video provides an inside look at the experiences of a first-year teacher as he navigates the challenges and triumphs of the classroom. Through a documentary-style approach, the video captures the realities of instruction, administrative responsibilities and the unique dynamic between teacher and students. With humor, resilience and reflection, the video highlights the joys and struggles of the teaching profession. This video serves as both an educational and inspirational tool, offering a candid perspective on the first-year teaching experience. It is being used in Arlington Public Schools (APS) professional development sessions, teacher orientation programs and social media channels to engage current and aspiring educators. It was also showcased during APS's back-to-school professional learning events to set the stage for meaningful discussions on teacher support, mentorship and professional growth. The primary target audience includes new and veteran educators, administrators, education students and the broader APS community. By sharing real-world classroom moments, Kerestesi: Year One fosters connection and understanding among educators while providing an authentic look at the joys and challenges of the profession. The video also resonates with students and families, offering insight into the dedication and effort teachers bring to their work. This project supports effective communication by highlighting the personal and professional journey of a first-year teacher. Through storytelling, the video creates a sense of relatability and encourages conversations about the realities of education. By leveraging digital platforms, Kerestesi: Year One reaches a wide audience and contributes to the ongoing dialogue on teacher recruitment, retention and well-being. The impact of Kerestesi: Year One has been significant. It has sparked important discussions about teacher support and resilience, strengthened professional development efforts and reinforced APS's commitment to educator success. Teachers have shared that the video made them feel seen and validated in their experiences, while aspiring educators have found it encouraging and informative. By capturing the first-year journey, Kerestesi: Year One continues to inspire, educate and build a stronger community of educators.